

# Adolescent-Family Inventory of Life Events and Changes (A-FILE)

The Adolescent-Family Inventory of Life Events and Changes A-FILE, developed by Hamilton McCubbin, Joan Patterson, Edward Bauman, and Linda Harris (1981), is designed to measure an adolescent's perspective on family system and individual life events and changes as a critical factor in explaining both vulnerability and resiliency in adolescents and young adults.

Example Items: "Please read each family life change and decide whether it happened to any member of your family- including you."

\*Parent quit or lost a job

\*Unmarried family member became pregnant

\*Death of a close friend of family member

Available in: English and Spanish



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