

# The Resilience, Adaptation and Well-Being Project



## Family Attachment Changeability Index 8

FACI8

# **FACI8:**

## **Family Attachment and Changeability Index 8**

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### **Overview**

The Family Attachment and Changeability Index 8 (FACI8) was adapted by Hamilton McCubbin, Anne Thompson, and Kelly Elver (1995a) specifically for the study of African-American youth in residential treatment and their families. Families and youth create for themselves specific and predictable styles of functioning which can be measured and identified. These patterns have predictive power in explaining which adolescents and young adults are most likely to respond to residential care and succeed in post-treatment living situations. The goal was to develop a measure which would be ethnically sensitive but applicable to both Caucasian and African-American youth and their families. The FACI8 is available in English and Spanish.

### **Development of FACI8**

The Family Attachment and Changeability Index 8 is a 16-item scale designed to measure family functioning. In response to continuous critique of FACES I, II and III, particularly around the assumptions of curvilinearity and high intercorrelations among the two subscales, and the paucity of data confirming its applicability to families of color, we have continued to advance the outstanding work of David Olson and associates. The instrument was adapted from the FACES IIA (H.I. McCubbin, Olson, Lavee & Patterson, 1985) which was adapted from the Family Adaptability and Cohesion Evaluation Scales II (Olson, Portner, & Bell, 1978). In this study, the instrument was given both to youth enrolled in the program and when possible, to their parents.

### **Conceptual Organization**

The FACI8 consists of a 6-point Likert scale of how often the event occurs, ranging from Never to Always, with 6 being Not Applicable. The items ask the respondent to describe how often each item is happening now. The FACI8 consists of two subscales, Attachment and Changeability.

- I. **Attachment.** An 8-item scale designed to determine the strength of family members' attachment to each other. Examples of items in the Attachment scale are: in our family everyone goes his or her own way; and we have difficulty thinking of things to do as a family.
- II. **Changeability.** An 8-item scale which determines how flexible the family members are in their relationships with each other. Some items in this scale are: each family member has input in major family decisions; and our family tries new ways of dealing with problems.

These two scales may be used separately or in combination to create a 6 X 6 family typology (H.I. McCubbin, A.I. Thompson, Pirner & M.A. McCubbin, 1988) (see Chapter 2 and Figure 25.1). These typology scores have also been used at multiple points in the study to detect changes in the family's style of functioning as a result of residential treatment. These two subscales have a low intercorrelation of .13 and are not assumed to be curvilinear variables.

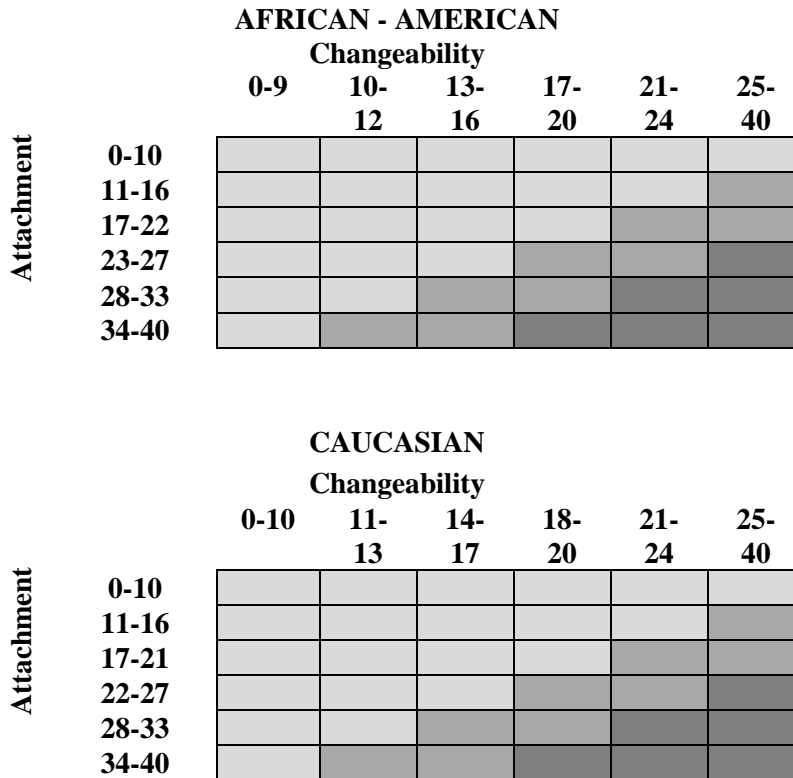
### **Reliability**

Designed to be administered to both parents and youth, the internal reliability (Cronbach's alpha) for the youths' Attachment scale is .73. The internal reliability for the youths' Changeability scale is .80. The internal reliability for the parents' Attachment scale is .75. The internal reliability for the parents' Changeability scale is .78.

**Validity**

Validity of the instrument was established by conducting chi square analysis to determine the FACI8's relationship to the treatment program's successful outcome. Two criterion indices of success were adopted for this investigation: (a) program completion and (b) post-treatment (3-and 12-month) living situation. Successful completion is operationalized as a classification given to youth who finish the treatment program or who, in the staffs judgment met the staffs expectation for progress and achieved an acceptable level of improvement to be released earlier than normal. Successful post-program adaptation is defined and operationalized as a classification given to youth who complete the program and who upon follow-up (3 and/or 12 months later) are found to be in a less restrictive living situation (e.g., with family, in a foster home, group home, or independent living situation). Failure is defined as youth living in more restrictive settings (e.g., jail, youth home, shelter, private care facility, state institution or mental health facility) (H.I. McCubbin, Fleming, A.I. Thompson, Neitman, Elver, & Savas, 1995) (Table 25.1).

**Figure 25.1  
Family Typology Charts**



**Table 25.1**  
**Reliability and Validity for FACIS**

	Internal Reliabilities			Test Retest Reliabilities		Validity					
	Overall	African-American	Caucasian	Overall		Program Completion			Placement		
	Overall	African-American	Caucasian	Overall		Overall	African-American	Caucasian	Overall	African-American	Caucasian
<b>FACIS</b>											
Changeability Youth	.80	.77	.80	.26**	Changes in Family Functioning for Youth ↑	16.52**	5.17	20.98**	45.18**	28.46**	21.47**
Attachment Youth	.73	.72	.73	.32**							
<b>FACIS</b>											
Changeability Parent	.78	.75	.79	.48**	Changes in Family Functioning for Parents ↑	26.42**	15.49**	17.21**	16.66**	4.36	13.72*
Attachment Parent	.75	.71	.78	.48**							

↑ Chi-Square of Changes in Family Functioning between Intake to Mid-program by Outcomes.

\* Statistically significant  $p \leq .05$

\*\* Statistically significant  $p \leq .01$

### Test-Retest Reliability

The test-retest reliabilities for FACI8 when administered 6-12 months apart is statistically significant and varies with a low of .26 to a high of .48 indicating the validity of the use of this index to assess program effects and change. The test-retest reliability for the Changeability scale for youth is .26, and for the youth Attachment scale is .32. The test-retest reliability for the Changeability scale for parents is .48, and for the parent Attachment scale is also .48.

### Additional Validity Checks

No additional validity information is available at this time.

### Scoring Procedures

Subscale scores are obtained by summing the number circled by the respondent (i.e., Never = 1, Sometimes = 2, Half the time = 3, More than half the time = 4, and Always = 5) for the items in each subscale. The following list will help you determine which items belong to each subscale for both of the subscale sets. Items in the Attachment scale require reversal (i.e., Never = 5, Sometimes = 4, Half the time = 3, More than half the time = 2, and Always = 1) before summing and are marked with an asterisk in the right hand column. This ensures that all items are scored in a positive direction for analysis and interpretation.

Subscale 1: Attachment    2\*, 5\*, 7\*, 9\*, 12\*, 13\*, 15\*, 16\*

Subscale 2: Changeability    1, 3, 4, 6, 8, 10, 11, 14

Creating family typologies and change scores begins by simply summing the items for the Changeability and Attachment subscales separately. The not applicable score (6) is not included in the scoring procedure. Use the number resulting from summing the items to assign a code for each subscale.

#### *Africa-American Cutoff Score*

Changeability Cutoff Scores. (0 to 9 = 1) (10 to 12 =2) (13 to 16 =3)  
(17 to 20 =4) (21 to 24 =5) (25 to 40 = 6),  
= \_\_\_\_\_Changeability Code

Attachment Cutoff Scores. (0 to 10 = 1) (11 to 16 = 2) (17 to 22 =3)  
(23 to 27 = 4) (28 to 33 = 5) (34 to 40 = 6),  
= \_\_\_\_\_Attachment Code

#### *Caucasians Cutoff Scores*

Changeability Cutoff Scores. (0 to 10 = 1) (11 to 13 =2) (14 to 17 = 3)  
(18 to 20 =4) (21 to 24 =5) (25 to 40 = 6),  
= \_\_\_\_\_Changeability Code

Attachment Cutoff Scores. (0 to 10 = 1) (11 to 16 = 2) (17 to 21 = 3)  
(22 to 27 =4) (28 to 33 =5) (34 to 40 =6),  
= \_\_\_\_\_Attachment Code

Then add the code for Changeability and Attachment together and divide by 2 to obtain a FACI8 Score. To place the family into the 6 X 6 typology, you may refer back to Figure 25.1.

Changeability Code \_\_\_\_\_ + Attachment Code \_\_\_\_\_ =  
\_\_\_\_\_/2 = \_\_\_\_\_ FACI8 Score.

Use the FACI8 Score to determine the family type.

1 through 3.5	=	1 Extreme Family Type
4 through 4.5	=	2 Moderate Family Type
5 through 5.5	=	3 Midrange Family Type
6 through 6.5	=	4 Balanced Family Type

To measure changes in family functioning over time, use the scoring procedure on both Time 1 and Time 2 data. Then use the following table to determine Family Change Type.

<b>Time 1</b>	<b>Time 2</b>	<b>Family Change Type</b>
Extreme	Extreme	4
Extreme	Moderate	2
Extreme	Midrange	1
Extreme	Balanced	1
Moderate	Extreme	4
Moderate	Moderate	3
Moderate	Midrange	2
Moderate	Balanced	1
Midrange	Extreme	4
Midrange	Moderate	3
Midrange	Midrange	1
Midrange	Balanced	1
Balanced	Extreme	4
Balanced	Moderate	3
Balanced	Midrange	3
Balanced	Balanced	1

Family Type Change 1 = Optimum Improvement or Continued Optimum Functioning in the Family

Family Type Change 2 = Moderate Improvement

Family Type Change 3 = Moderate Declination in Functioning or Continued Moderate Functioning

Family Type Change 4 = Declination in Functioning or Continued Dysfunction

Note: When youths' assessment of family is examined with each scale considered separately using standard scores, the family may fall into a borderline Normal category (just within one standard deviation of the mean). However, when the 2 scales (Attachment and Changeability) are used together to create a typology, e.g., Balanced, Extreme, etc., the same family may be classified in the Extreme group by virtue of these borderline scores.

### **Norms and/or Comparative Data**

The comparative data for FACI8 are available separately for African-Americans and Caucasians as well as for the overall sample. Percentiles with standardized scores, means and standard deviations are presented in Tables 25.2 through 25.13 (H.I. McCubbin, A.I. Thompson, & Elver 1995a).

### **Instrument Utilization for Research**

The FACI8 instrument is currently being tested within the Family Stress, Coping and Health Project and by other investigators. The few studies that have included this instrument have already been cited in the validity section of this chapter and are included in the references. Therefore, a summary table of related publications is not available at this time.

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### **Notes**

1. The availability of additional psychometrics and bibliographies of other users is limited at the date of publication due to the recent development of the instrument. Upon publication of this material, wider usage is expected, and as subsequent publications become available they will be added to our database. If you would like to inquire about more recent studies, please write to us at the Family Stress, Coping and Health Project, University of Wisconsin-Madison, 1300 Linden Drive, Madison, WI 53706 or send email to manual@macc.wisc.edu. There will be a charge for these additional materials.
2. When referencing this instrument, the proper citation is: McCubbin, H.I., Thompson, A.I., & Elver, K.M. (1995). Family Attachment and Changeability Index 8 (FACI8). In H.I. McCubbin, A.I. Thompson, & M.A. McCubbin, (1996). *Family assessment: Resiliency, coping and adaptation-Inventories for research and practice.* (pp.725-751). Madison: University of Wisconsin System.
3. Because this measure is an adaptation of FACES II, permission to use this index can be obtained by writing to David H. Olson and Associates at the Family Inventories Project University of Minnesota, Family Social Science, 290 McNeal Hall, 1985 Buford Avenue, St. Paul, Minnesota, 55108.

**Table 25.2**  
**Youth in Residential Treatment Program Family Attachment and Changeability Index 8**  
**Attachment Overall (N=12S2)**

Raw Scores	Standard Scores	Cumulative Percentiles
0-8	-3.3	.2
9	-3.2	.2
10	-3.0	.3
11	-2.9	.6
12	-2.7	1.2
13	-2.5	1.9
14	-2.4	2.8
15	-2.2	3.5
16	-2.0	4.2
17	-1.9	5.2
18	-1.7	7.1
19	-1.6	8.6
20	-1.4	11.0
21	-1.2	13.7
22	-1.1	18.1
23	-0.9	20.9
24	-0.7	24.2
25	-0.6	28.2
26	-0.4	32.8
27	-0.3	38.0
28	-0.1	43.3
29	+0.1	48.9
30	+0.2	56.0
31	+0.4	63.5
32	+0.6	70.8
33	+0.7	76.5
34	+0.9	83.1
35	+1.0	88.0
36	+1.2	92.5
37	+1.4	96.4
38	+1.5	98.5
39	+1.7	99.5
40	+1.9	100.0

**Mean = 28.602**

**SD = 6.150**

**Range = 32**

**Kurtosis = -.014**

**Skewness = -.637**

**Mode = 31.0**



**Table 25.3**  
**Youth in Residential Treatment Program Family Attachment and Changeability Index 8**  
**Changeability Overall (N=1232)**

<b>Raw Scores</b>	<b>Standard Scores</b>	<b>Cumulative Percentiles</b>
0-8	-2.2	.5
9	-2.0	1.1
10	-1.9	2.2
11	-1.7	3.6
12	-1.6	5.4
13	-1.5	7.8
14	-1.3	10.2
15	-1.2	14.1
16	-1.0	19.0
17	-0.9	23.5
18	-0.7	28.0
19	-0.6	34.2
20	-0.4	40.2
21	-0.3	45.0
22	-0.1	50.4
23	0.0	56.7
24	+0.2	61.4
25	+0.3	66.3
26	+0.5	70.4
27	+0.6	74.4
28	+0.8	78.2
29	+0.9	81.6
30	+1.1	84.8
31	+1.2	87.5
32	+1.4	90.8
33	+1.5	92.7
34	+1.6	94.5
35	+1.8	96.3
36	+1.9	97.4
37	+2.1	98.8
38	+2.2	99.2
39	+2.4	99.5
40	+2.5	100.0

**Mean = 22.845**

**SD = 6.776**

**Range = 32**

**Kurtosis = -.550**

**Skewness = .221**

**Mode = 23.0**

**Table 25.4**  
**Parents of Youth in Residential Treatment Program Family Attachment and Changeability Index 8**  
**Attachment Overall (N=977)**

Raw Scores	Standard Scores	Cumulative Percentiles
0-8	-3.9	.1
9-10	-3.5	.2
11	-3.4	.5
12	-3.2	.7
13	-3.0	1.0
14	-2.8	1.3
15	-2.6	2.0
16	-2.5	3.5
17	-2.3	4.0
18	-2.1	5.0
19	-1.9	5.9
20	-1.7	7.2
21	-1.6	8.9
22	-1.4	10.8
23	-1.2	12.6
24	-1.0	16.4
25	-0.8	20.3
26	-0.7	24.8
27	-0.5	29.1
28	-0.3	34.8
29	-0.1	41.0
30	+0.1	50.5
31	+0.2	57.8
32	+0.4	67.6
33	+0.6	76.2
34	+0.8	82.4
35	+1.0	87.5
36	+1.1	91.1
37	+1.3	96.3
38	+1.5	98.3
39	+1.7	99.3
40	+1.9	100.0

**Mean = 29.628**

**SD = 5.544**

**Range = 32**

**Kurtosis = .760**

**Skewness = -.853**

**Mode = 32.0**

**Table 25.5**  
**Parents of Youth in Residential Treatment Program Family Attachment and Changeability**  
**Index: 8 Changeability Overall (N=977)**

<b>Raw Scores</b>	<b>Standard Scores</b>	<b>Cumulative Percentiles</b>
0-8	-2.5	.1
9	-2.4	.6
10	-2.2	1.0
11	-2.0	1.5
12	-1.9	2.7
13	-1.7	4.0
14	-1.6	6.3
15	-1.4	8.6
16	-1.2	13.0
17	-1.1	16.7
18	-0.9	21.2
19	-0.7	25.6
20	-0.6	32.3
21	-0.4	38.6
22	-0.3	46.9
23	-0.1	53.3
24	+0.1	58.1
25	+0.2	63.5
26	+0.4	68.8
27	+0.6	73.9
28	+0.7	79.1
29	+0.9	82.6
30	+1.1	86.4
31	+1.2	89.6
32	+1.4	92.1
33	+1.5	93.7
34	+1.7	95.5
35	+1.9	96.4
36	+2.0	97.4
37	+2.2	98.5
38	+2.4	99.1
39	+2.5	99.7
40	+2.7	100.0

**Mean = 23.532**

**SD = 6.120**

**Range = 32**

**Kurtosis = -.279**

**Skewness = .211**

**Mode = 22.0**

**Table 25.6**  
**Youth in Residential Treatment Program Family Attachment and Changeability Index 8**  
**Attachment African-American (N=510)**

Raw Scores	Standard Scores	Cumulative Percentiles
0-9	-3.6	.2
10-11	-3.2	.4
12	-3.1	.8
13	-2.9	1.0
14	-2.7	1.4
15	-2.6	2.0
16	-2.4	2.2
17	-2.2	3.1
18	-2.1	4.5
19	-1.9	5.5
20	-1.7	8.2
21	-1.6	10.8
22	-1.4	13.5
23	-1.2	16.1
24	-1.0	19.0
25	-0.9	21.0
26	-0.7	23.7
27	-0.5	27.1
28	-0.4	31.6
29	-0.2	35.7
30	0.0	42.9
31	+0.1	49.6
32	+0.3	57.5
33	+0.5	65.5
34	+0.6	74.9
35	+0.8	82.0
36	+1.0	89.0
37	+1.2	94.5
38	+1.3	97.3
39	+1.5	99.4
40	+1.7	100.0

**Mean = 30.196**

**SD= 5.916**

**Range = 31**

**Kurtosis = .269**

**Skewness = -.863**

**Mode = 34.0**

**Table 25.7**  
**Youth in Residential Treatment Program Family Attachment and Changeability Index 8**  
**Changeability African-American (N=510)**

Raw Scores	Standard Scores	Cumulative Percentiles
0-8	-2.4	.4
9	-2.3	.6
10	-2.1	1.4
11	-2.0	2.4
12	-1.8	3.1
13	-1.7	5.3
14	-1.5	6.9
15	-1.4	9.0
16	-1.2	12.9
17	-1.1	16.9
18	-0.9	21.2
19	-0.8	26.7
20	-0.6	38.7
21	-0.5	38.2
22	-0.3	43.1
23	-0.2	49.0
24	0.0	54.5
25	+0.1	60.4
26	+0.3	63.9
27	+0.4	68.4
28	+0.6	72.5
29	+0.8	77.1
30	+0.9	81.0
31	+1.1	84.7
32	+1.2	88.6
33	+1.4	90.8
34	+1.5	93.7
35	+1.7	95.9
36	+1.8	97.3
37	+2.0	98.6
38	+2.1	99.0
39	+2.3	99.6
40	+2.4	100.0

**Mean = 24.031**

**SD = 6.615**

**Range = 32**

**Kurtosis = -.605**

**Skewness = .091**

**Mode = 20.0**

**Table 25.8**  
**Parents of Youth in Residential Treatment Program Family Attachment and Changeability Index 8**  
**Attachment African-American (N=393)**

Raw Scores	Standard Scores	Cumulative Percentiles
0-11	-3.7	.3
12	-3.5	.5
13-14	-3.1	.8
15	-2.9	1.0
16	-2.7	2.3
17	-2.5	3.1
18	-2.4	3.6
19	-2.2	4.3
20	-2.0	5.1
21	-1.8	6.1
22	-1.6	7.9
23	-1.4	8.9
24	-1.2	12.7
25	-1.0	16.5
26	-0.8	20.6
27	-0.7	23.9
28	-0.5	28.5
29	-0.3	34.9
30	-0.1	47.1
31	+0.1	53.7
32	+0.3	61.8
33	+0.5	70.5
34	+0.7	77.1
35	+0.9	83.2
36	+1.0	88.0
37	+1.2	94.4
38	+1.4	96.9
39	+1.6	98.7
40	+1.8	100.0

**Mean = 30.471**  
**SD = 5.288**  
**Range = 29**  
**Kurtosis = .833**  
**Skewness = -.819**  
**Mode = 30.0**

**Table 25.9**  
**Parents of Youth in Residential Treatment Program Family Attachment and Changeability Index 8**  
**Changeability African-American (N=893)**

Raw Scores	Standard Scores	Cumulative Percentiles
0-12	-2.1	.3
13	-1.9	1.5
14	-1.7	2.5
15	-1.6	5.1
16	-1.4	8.1
17	-1.2	12.0
18	-1.1	16.3
19	-0.9	21.6
20	-0.7	29.0
21	-0.6	35.4
22	-0.4	43.8
23	-0.2	50.4
24	-0.1	55.7
25	+0.1	60.6
26	+0.3	65.4
27	+0.4	70.0
28	+0.6	76.1
29	+0.8	78.9
30	+0.9	83.5
31	+1.1	85.8
32	+1.3	89.1
33	+1.4	91.1
34	+1.6	93.9
35	+1.8	94.9
36	+1.9	96.4
37	+2.1	98.0
38	+2.3	98.7
39	+2.4	99.5
40	+2.6	100.0

**Mean = 24.366**

**SD = 6.001**

**Range = 28**

**Kurtosis = -.432**

**Skewness = .402**

**Mode = 22.0**

**Table 25.10**  
**Youth in Residential Treatment Program Family Attachment and Changeability Index 8**  
**Attachment Caucasian (N=554)**

<b>Raw Scores</b>	<b>Standard Scores</b>	<b>Cumulative Percentiles</b>
0-8	-3.1	.4
9-10	-2.8	.5
11	-2.6	1.1
12	-2.5	1.6
13	-2.3	2.7
14	-2.1	4.2
15	-2.0	5.2
16	-1.8	6.3
17	-1.7	7.4
18	-1.5	9.9
19	-1.3	11.6
20	-1.2	14.1
21	-1.0	17.5
22	-0.8	23.8
23	-0.7	26.7
24	-0.5	30.0
25	-0.3	35.0
26	-0.2	41.2
27	0.0	48.0
28	+0.1	53.8
29	+0.3	59.9
30	+0.5	66.6
31	+0.6	74.9
32	+0.8	81.4
33	+1.0	85.0
34	+1.1	90.1
35	+1.3	93.9
36	+1.4	96.0
37	+1.6	98.4
38	+1.8	99.3
39	+1.9	99.5
40	+2.1	100.0

**Mean = 27.137**

**SD= 6.130**

**Range = 32**

**Kurtosis = -.066**

**Skewness = -.533**

**Mode = 31.0**



**Table 25.11**  
**Youth in Residential Treatment Program Family Attachment and Changeability Index 8**  
**Changeability Caucasian (N=554)**

<b>Raw Scores</b>	<b>Standard Scores</b>	<b>Cumulative Percentiles</b>
0-8	-2.0	.5
9	-1.9	1.4
10	-1.7	2.7
11	-1.6	4.7
12	-1.4	7.6
13	-1.3	10.5
14	-1.1	13.7
15	-1.0	19.3
16	-0.8	25.1
17	-0.7	30.7
18	-0.5	35.0
19	-0.4	41.7
20	-0.2	47.3
21	-0.1	52.5
22	+0.1	58.5
23	+0.2	65.0
24	+0.4	69.3
25	+0.5	73.1
26	+0.7	77.6
27	+0.8	81.2
28	+1.0	84.8
29	+1.1	87.0
30	+1.3	89.7
31	+1.4	90.8
32	+1.6	93.7
33	+1.7	95.5
34	+1.9	96.0
35	+2.0	97.3
36	+2.2	98.0
37	+2.3	98.7
38	+2.5	99.3
39	+2.6	99.5
40	+2.8	100.0

**Mean = 21.522**

**SD = 6.605**

**Range = 32**

**Kurtosis = -.298**

**Skewness = .391**

**Mode = 19.0**

**Table 25.12**  
**Parents of Youth in Residential Treatment Program Family Attachment and Changeability Index 8**  
**Attachment Caucasian (N=475)**

Raw Scores	Standard Scores	Cumulative Percentiles
0-8	-3.7	.2
9-10	-3.3	.4
11	-3.1	.8
12	-3.0	1.1
13	-2.8	1.7
14	-2.6	2.1
15	-2.4	3.2
16	-2.3	4.8
17	-2.1	5.1
18	-1.9	6.5
19	-1.7	7.6
20	-1.6	9.1
21	-1.4	11.6
22	-1.2	13.5
23	-1.0	14.9
24	-0.9	18.9
25	-0.7	22.7
26	-0.5	28.0
27	-0.3	33.3
28	-0.2	39.2
29	0.0	45.5
30	+0.2	52.4
31	+0.4	60.4
32	+0.5	72.0
33	+0.7	80.8
34	+0.9	86.7
35	+1.1	90.7
36	+1.2	93.7
37	+1.4	97.5
38	+1.6	99.2
39	+1.7	99.6
40	+1.9	100.0

**Mean = 28.966**

**SD = 5.735**

**Range = 32**

**Kurtosis = .756**

**Skewness = -.912**

**Mode = 32.0**

**Table 25.13**  
**Parents of Youth in Residential Treatment Program Family Attachment and Changeability Index 8**  
**Changeability Caucasian (N=475)**

<b>Raw Scores</b>	<b>Standard Scores</b>	<b>Cumulative Percentiles</b>
0-8	-2.5	.2
9	-2.3	1.1
10	-2.2	1.5
11	-2.0	2.5
12	-1.8	4.4
13	-1.7	6.1
14	-1.5	9.3
15	-1.3	10.7
16	-1.2	15.6
17	-1.0	18.9
18	-0.8	23.6
19	-0.7	27.8
20	-0.5	34.1
21	-0.3	40.4
22	-0.2	48.6
23	0.0	54.1
24	+0.2	58.9
25	+0.3	65.1
26	+0.5	71.2
27	+0.7	76.6
28	+0.8	81.5
29	+1.0	85.5
30	+1.2	88.8
31	+1.3	93.1
32	+1.5	95.2
33	+1.7	96.4
34	+1.8	97.5
35	+2.0	98.3
36	+2.2	98.5
37	+2.3	98.9
38	+2.5	99.4
39	+2.7	99.8
40	+2.8	100.0

**Mean = 22.964**

**SD =6.017**

**Range = 32**

**Kurtosis = -.291**

**Skewness = .032**

**Mode = 22.0**

# FACI8

FAMILY ATTACHMENT AND CHANGEABILITY  
INDEX 8

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*English Version*



# FACI 8

## FAMILY ATTACHMENT AND CHANGEABILITY INDEX ©

**Instructions:**

Decide how well each statement describes what is happening in your family. In the column headed Now, circle the number which best describes how often each thing is happening right now. In the column headed Like, circle the number which best describes how often you would like each thing to happen in your family.

For example, if you felt that most of the time it is all right for the members of your family to talk about their feelings, you would circle 4 in the NOW column. After you have finished all the items in the NOW column, think about how often you would like these things to occur in your family in the future. For example, if you would like for the members of your family to be able to talk about their feelings all the time, you would circle 5 in the LIKE column.

	Now					Like				
	Never	Sometimes	Half the time	More than Half	Always	Never	Sometimes	Half the time	More than Half	Always
<i>In my family...</i>										
1. In our family it is easy for everyone to express his/her opinion.	1	2	3	4	5	1	2	3	4	5
2. It is easier to discuss problems with people outside the family than with other family members	1	2	3	4	5	1	2	3	4	5
3. Each family member has input in major family decisions	1	2	3	4	5	1	2	3	4	5
4. Family members discuss problems and feel good about the solutions	1	2	3	4	5	1	2	3	4	5
5. In our family everyone goes his/her own way	1	2	3	4	5	1	2	3	4	5
6. Family members consult other family members on their decisions	1	2	3	4	5	1	2	3	4	5
7. We have difficulty thinking of things to do as a family	1	2	3	4	5	1	2	3	4	5
8. Discipline is fair in our family	1	2	3	4	5	1	2	3	4	5
9. Family members feel closer to people outside the family than to other family members	1	2	3	4	5	1	2	3	4	5

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	Now					Like				
	Never	Sometimes	Half the time	More than Half	Always	Never	Sometimes	Half the time	More than Half	Always
<i><b>In my family...</b></i>										
10. Our family tries new ways of dealing with problems	1	2	3	4	5	1	2	3	4	5
11. In our family, everyone shares responsibilities	1	2	3	4	5	1	2	3	4	5
12. It is difficult to get a rule changed in our family	1	2	3	4	5	1	2	3	4	5
13. Family members avoid each other at home	1	2	3	4	5	1	2	3	4	5
14. When problems arise, we compromise	1	2	3	4	5	1	2	3	4	5
15. Family members are afraid to say what is on their minds	1	2	3	4	5	1	2	3	4	5
16. Family members pair up rather than do things as a total family	1	2	3	4	5	1	2	3	4	5

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