

The Resilience, Adaptation and Well-Being Project



Family Attachment Changeability Index 8

FACI8

FACI8:

Family Attachment and Changeability Index 8

Overview

The Family Attachment and Changeability Index 8 (FACI8) was adapted by Hamilton McCubbin, Anne Thompson, and Kelly Elver (1995a) specifically for the study of African-American youth in residential treatment and their families. Families and youth create for themselves specific and predictable styles of functioning which can be measured and identified. These patterns have predictive power in explaining which adolescents and young adults are most likely to respond to residential care and succeed in post-treatment living situations. The goal was to develop a measure which would be ethnically sensitive but applicable to both Caucasian and African-American youth and their families. The FACI8 is available in English and Spanish.

Development of FACI8

The Family Attachment and Changeability Index 8 is a 16-item scale designed to measure family functioning. In response to continuous critique of FACES I, II and III, particularly around the assumptions of curvilinearity and high intercorrelations among the two subscales, and the paucity of data confirming its applicability to families of color, we have continued to advance the outstanding work of David Olson and associates. The instrument was adapted from the FACES IIA (H.I. McCubbin, Olson, Lavee & Patterson, 1985) which was adapted from the Family Adaptability and Cohesion Evaluation Scales II (Olson, Portner, & Bell, 1978). In this study, the instrument was given both to youth enrolled in the program and when possible, to their parents.

Conceptual Organization

The FACI8 consists of a 6-point Likert scale of how often the event occurs, ranging from Never to Always, with 6 being Not Applicable. The items ask the respondent to describe how often each item is happening now. The FACI8 consists of two subscales, Attachment and Changeability.

- I. **Attachment.** An 8-item scale designed to determine the strength of family members' attachment to each other. Examples of items in the Attachment scale are: in our family everyone goes his or her own way; and we have difficulty thinking of things to do as a family.
- II. **Changeability.** An 8-item scale which determines how flexible the family members are in their relationships with each other. Some items in this scale are: each family member has input in major family decisions; and our family tries new ways of dealing with problems.

These two scales may be used separately or in combination to create a 6 X 6 family typology (H.I. McCubbin, A.I. Thompson, Pirner & M.A. McCubbin, 1988) (see Chapter 2 and Figure 25.1). These typology scores have also been used at multiple points in the study to detect changes in the family's style of functioning as a result of residential treatment. These two subscales have a low intercorrelation of .13 and are not assumed to be curvilinear variables.

Reliability

Designed to be administered to both parents and youth, the internal reliability (Cronbach's alpha) for the youths' Attachment scale is .73. The internal reliability for the youths' Changeability scale is .80. The internal reliability for the parents' Attachment scale is .75. The internal reliability for the parents' Changeability scale is .78.

Validity

Validity of the instrument was established by conducting chi square analysis to determine the FACI8's relationship to the treatment program's successful outcome. Two criterion indices of success were adopted for this investigation: (a) program completion and (b) post-treatment (3-and 12-month) living situation. Successful completion is operationalized as a classification given to youth who finish the treatment program or who, in the staffs judgment met the staffs expectation for progress and achieved an acceptable level of improvement to be released earlier than normal. Successful post-program adaptation is defined and operationalized as a classification given to youth who complete the program and who upon follow-up (3 and/or 12 months later) are found to be in a less restrictive living situation (e.g., with family, in a foster home, group home, or independent living situation). Failure is defined as youth living in more restrictive settings (e.g., jail, youth home, shelter, private care facility, state institution or mental health facility) (H.I. McCubbin, Fleming, A.I. Thompson, Neitman, Elver, & Savas, 1995) (Table 25.1).

**Figure 25.1
Family Typology Charts**

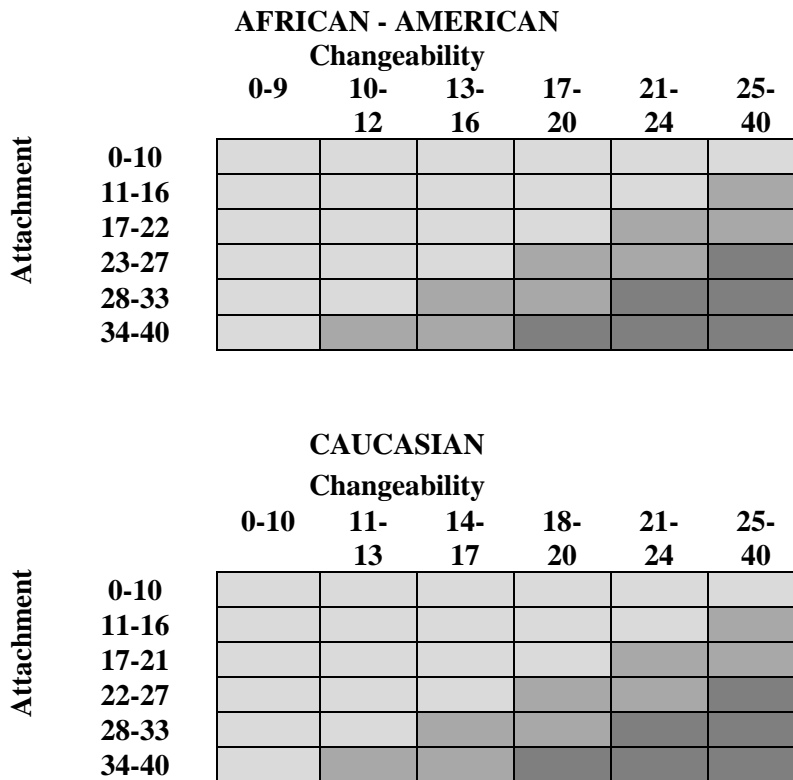


Table 25.1
Reliability and Validity for FACIS

	Internal Reliabilities			Test Retest Reliabilities		Validity						
	Overall	African-American	Caucasian	Overall		Program Completion			Placement			
						Overall	African-American	Caucasian	Overall	African-American	Caucasian	
FACIS												
Changeability Youth	.80	.77	.80	.26**	Changes in Family Functioning for Youth ↑	16.52**	5.17	20.98**	45.18**	28.46**	21.47**	
Attachment Youth	.73	.72	.73	.32**								
FACIS												
Changeability Parent	.78	.75	.79	.48**	Changes in Family Functioning for Parents ↑	26.42**	15.49**	17.21**	16.66**	4.36	13.72*	
Attachment Parent	.75	.71	.78	.48**								

↑ Chi-Square of Changes in Family Functioning between Intake to Mid-program by Outcomes.

* Statistically significant p≤.05

** Statistically significant p≤.01

Test-Retest Reliability

The test-retest reliabilities for FACI8 when administered 6-12 months apart is statistically significant and varies with a low of .26 to a high of .48 indicating the validity of the use of this index to assess program effects and change. The test-retest reliability for the Changeability scale for youth is .26, and for the youth Attachment scale is .32. The test-retest reliability for the Changeability scale for parents is .48, and for the parent Attachment scale is also .48.

Additional Validity Checks

No additional validity information is available at this time.

Scoring Procedures

Subscale scores are obtained by summing the number circled by the respondent (i.e., Never = 1, Sometimes = 2, Half the time = 3, More than half the time = 4, and Always = 5) for the items in each subscale. The following list will help you determine which items belong to each subscale for both of the subscale sets. Items in the Attachment scale require reversal (i.e., Never = 5, Sometimes = 4, Half the time = 3, More than half the time = 2, and Always = 1) before summing and are marked with an asterisk in the right hand column. This ensures that all items are scored in a positive direction for analysis and interpretation.

Subscale 1: Attachment 2*, 5*, 7*, 9*, 12*, 13*, 15*, 16*

Subscale 2: Changeability 1, 3, 4, 6, 8, 10, 11, 14

Creating family typologies and change scores begins by simply summing the items for the Changeability and Attachment subscales separately. The not applicable score (6) is not included in the scoring procedure. Use the number resulting from summing the items to assign a code for each subscale.

Africa-American Cutoff Score

Changeability Cutoff Scores. (0 to 9 = 1) (10 to 12 =2) (13 to 16 =3)
(17 to 20 =4) (21 to 24 =5) (25 to 40 = 6),
= _____Changeability Code

Attachment Cutoff Scores. (0 to 10 = 1) (11 to 16 = 2) (17 to 22 =3)
(23 to 27 = 4) (28 to 33 = 5) (34 to 40 = 6),
= _____Attachment Code

Caucasians Cutoff Scores

Changeability Cutoff Scores. (0 to 10 = 1) (11 to 13 =2) (14 to 17 = 3)
(18 to 20 =4) (21 to 24 =5) (25 to 40 = 6),
= _____Changeability Code

Attachment Cutoff Scores. (0 to 10 = 1) (11 to 16 = 2) (17 to 21 = 3)
(22 to 27 =4) (28 to 33 =5) (34 to 40 =6),
= _____Attachment Code

Then add the code for Changeability and Attachment together and divide by 2 to obtain a FACI8 Score. To place the family into the 6 X 6 typology, you may refer back to Figure 25.1.

Changeability Code _____ + Attachment Code _____ =
_____/2 = _____ FACI8 Score.

Use the FACI8 Score to determine the family type.

1 through 3.5	=	1 Extreme Family Type
4 through 4.5	=	2 Moderate Family Type
5 through 5.5	=	3 Midrange Family Type
6 through 6.5	=	4 Balanced Family Type

To measure changes in family functioning over time, use the scoring procedure on both Time 1 and Time 2 data. Then use the following table to determine Family Change Type.

Time 1	Time 2	Family Change Type
Extreme	Extreme	4
Extreme	Moderate	2
Extreme	Midrange	1
Extreme	Balanced	1
Moderate	Extreme	4
Moderate	Moderate	3
Moderate	Midrange	2
Moderate	Balanced	1
Midrange	Extreme	4
Midrange	Moderate	3
Midrange	Midrange	1
Midrange	Balanced	1
Balanced	Extreme	4
Balanced	Moderate	3
Balanced	Midrange	3
Balanced	Balanced	1

Family Type Change 1 = Optimum Improvement or Continued Optimum Functioning in the Family

Family Type Change 2 = Moderate Improvement

Family Type Change 3 = Moderate Declination in Functioning or Continued Moderate Functioning

Family Type Change 4 = Declination in Functioning or Continued Dysfunction

Note: When youths' assessment of family is examined with each scale considered separately using standard scores, the family may fall into a borderline Normal category (just within one standard deviation of the mean). However, when the 2 scales (Attachment and Changeability) are used together to create a typology, e.g., Balanced, Extreme, etc., the same family may be classified in the Extreme group by virtue of these borderline scores.

Norms and/or Comparative Data

The comparative data for FACI8 are available separately for African-Americans and Caucasians as well as for the overall sample. Percentiles with standardized scores, means and standard deviations are presented in Tables 25.2 through 25.13 (H.I. McCubbin, A.I. Thompson, & Elver 1995a).

Instrument Utilization for Research

The FACI8 instrument is currently being tested within the Family Stress, Coping and Health Project and by other investigators. The few studies that have included this instrument have already been cited in the validity section of this chapter and are included in the references. Therefore, a summary table of related publications is not available at this time.

Notes

1. The availability of additional psychometrics and bibliographies of other users is limited at the date of publication due to the recent development of the instrument. Upon publication of this material, wider usage is expected, and as subsequent publications become available they will be added to our database. If you would like to inquire about more recent studies, please write to us at the Family Stress, Coping and Health Project, University of Wisconsin-Madison, 1300 Linden Drive, Madison, WI 53706 or send email to manual@macc.wisc.edu. There will be a charge for these additional materials.
2. When referencing this instrument, the proper citation is: McCubbin, H.I., Thompson, A.I., & Elver, K.M. (1995). Family Attachment and Changeability Index 8 (FACI8). In H.I. McCubbin, A.I. Thompson, & M.A. McCubbin, (1996). *Family assessment: Resiliency, coping and adaptation-Inventories for research and practice.* (pp.725-751). Madison: University of Wisconsin System.
3. Because this measure is an adaptation of FACES II, permission to use this index can be obtained by writing to David H. Olson and Associates at the Family Inventories Project University of Minnesota, Family Social Science, 290 McNeal Hall, 1985 Buford Avenue, St. Paul, Minnesota, 55108.

Table 25.2
Youth in Residential Treatment Program Family Attachment and Changeability Index 8
Attachment Overall (N=12S2)

Raw Scores	Standard Scores	Cumulative Percentiles
0-8	-3.3	.2
9	-3.2	.2
10	-3.0	.3
11	-2.9	.6
12	-2.7	1.2
13	-2.5	1.9
14	-2.4	2.8
15	-2.2	3.5
16	-2.0	4.2
17	-1.9	5.2
18	-1.7	7.1
19	-1.6	8.6
20	-1.4	11.0
21	-1.2	13.7
22	-1.1	18.1
23	-0.9	20.9
24	-0.7	24.2
25	-0.6	28.2
26	-0.4	32.8
27	-0.3	38.0
28	-0.1	43.3
29	+0.1	48.9
30	+0.2	56.0
31	+0.4	63.5
32	+0.6	70.8
33	+0.7	76.5
34	+0.9	83.1
35	+1.0	88.0
36	+1.2	92.5
37	+1.4	96.4
38	+1.5	98.5
39	+1.7	99.5
40	+1.9	100.0

Mean = 28.602

SD = 6.150

Range = 32

Kurtosis = -.014

Skewness = -.637

Mode = 31.0

Table 25.3
Youth in Residential Treatment Program Family Attachment and Changeability Index 8
Changeability Overall (N=1232)

Raw Scores	Standard Scores	Cumulative Percentiles
0-8	-2.2	.5
9	-2.0	1.1
10	-1.9	2.2
11	-1.7	3.6
12	-1.6	5.4
13	-1.5	7.8
14	-1.3	10.2
15	-1.2	14.1
16	-1.0	19.0
17	-0.9	23.5
18	-0.7	28.0
19	-0.6	34.2
20	-0.4	40.2
21	-0.3	45.0
22	-0.1	50.4
23	0.0	56.7
24	+0.2	61.4
25	+0.3	66.3
26	+0.5	70.4
27	+0.6	74.4
28	+0.8	78.2
29	+0.9	81.6
30	+1.1	84.8
31	+1.2	87.5
32	+1.4	90.8
33	+1.5	92.7
34	+1.6	94.5
35	+1.8	96.3
36	+1.9	97.4
37	+2.1	98.8
38	+2.2	99.2
39	+2.4	99.5
40	+2.5	100.0

Mean = 22.845

SD = 6.776

Range = 32

Kurtosis = -.550

Skewness = .221

Mode = 23.0

Table 25.4
Parents of Youth in Residential Treatment Program Family Attachment and Changeability Index 8
Attachment Overall (N=977)

Raw Scores	Standard Scores	Cumulative Percentiles
0-8	-3.9	.1
9-10	-3.5	.2
11	-3.4	.5
12	-3.2	.7
13	-3.0	1.0
14	-2.8	1.3
15	-2.6	2.0
16	-2.5	3.5
17	-2.3	4.0
18	-2.1	5.0
19	-1.9	5.9
20	-1.7	7.2
21	-1.6	8.9
22	-1.4	10.8
23	-1.2	12.6
24	-1.0	16.4
25	-0.8	20.3
26	-0.7	24.8
27	-0.5	29.1
28	-0.3	34.8
29	-0.1	41.0
30	+0.1	50.5
31	+0.2	57.8
32	+0.4	67.6
33	+0.6	76.2
34	+0.8	82.4
35	+1.0	87.5
36	+1.1	91.1
37	+1.3	96.3
38	+1.5	98.3
39	+1.7	99.3
40	+1.9	100.0

Mean = 29.628

SD = 5.544

Range = 32

Kurtosis = .760

Skewness = -.853

Mode = 32.0

Table 25.5
Parents of Youth in Residential Treatment Program Family Attachment and Changeability
Index: 8 Changeability Overall (N=977)

Raw Scores	Standard Scores	Cumulative Percentiles
0-8	-2.5	.1
9	-2.4	.6
10	-2.2	1.0
11	-2.0	1.5
12	-1.9	2.7
13	-1.7	4.0
14	-1.6	6.3
15	-1.4	8.6
16	-1.2	13.0
17	-1.1	16.7
18	-0.9	21.2
19	-0.7	25.6
20	-0.6	32.3
21	-0.4	38.6
22	-0.3	46.9
23	-0.1	53.3
24	+0.1	58.1
25	+0.2	63.5
26	+0.4	68.8
27	+0.6	73.9
28	+0.7	79.1
29	+0.9	82.6
30	+1.1	86.4
31	+1.2	89.6
32	+1.4	92.1
33	+1.5	93.7
34	+1.7	95.5
35	+1.9	96.4
36	+2.0	97.4
37	+2.2	98.5
38	+2.4	99.1
39	+2.5	99.7
40	+2.7	100.0

Mean = 23.532

SD = 6.120

Range = 32

Kurtosis = -.279

Skewness = .211

Mode = 22.0

Table 25.6
Youth in Residential Treatment Program Family Attachment and Changeability Index 8
Attachment African-American (N=510)

Raw Scores	Standard Scores	Cumulative Percentiles
0-9	-3.6	.2
10-11	-3.2	.4
12	-3.1	.8
13	-2.9	1.0
14	-2.7	1.4
15	-2.6	2.0
16	-2.4	2.2
17	-2.2	3.1
18	-2.1	4.5
19	-1.9	5.5
20	-1.7	8.2
21	-1.6	10.8
22	-1.4	13.5
23	-1.2	16.1
24	-1.0	19.0
25	-0.9	21.0
26	-0.7	23.7
27	-0.5	27.1
28	-0.4	31.6
29	-0.2	35.7
30	0.0	42.9
31	+0.1	49.6
32	+0.3	57.5
33	+0.5	65.5
34	+0.6	74.9
35	+0.8	82.0
36	+1.0	89.0
37	+1.2	94.5
38	+1.3	97.3
39	+1.5	99.4
40	+1.7	100.0

Mean = 30.196

SD= 5.916

Range = 31

Kurtosis = .269

Skewness = -.863

Mode = 34.0

Table 25.7
Youth in Residential Treatment Program Family Attachment and Changeability Index 8
Changeability African-American (N=510)

Raw Scores	Standard Scores	Cumulative Percentiles
0-8	-2.4	.4
9	-2.3	.6
10	-2.1	1.4
11	-2.0	2.4
12	-1.8	3.1
13	-1.7	5.3
14	-1.5	6.9
15	-1.4	9.0
16	-1.2	12.9
17	-1.1	16.9
18	-0.9	21.2
19	-0.8	26.7
20	-0.6	38.7
21	-0.5	38.2
22	-0.3	43.1
23	-0.2	49.0
24	0.0	54.5
25	+0.1	60.4
26	+0.3	63.9
27	+0.4	68.4
28	+0.6	72.5
29	+0.8	77.1
30	+0.9	81.0
31	+1.1	84.7
32	+1.2	88.6
33	+1.4	90.8
34	+1.5	93.7
35	+1.7	95.9
36	+1.8	97.3
37	+2.0	98.6
38	+2.1	99.0
39	+2.3	99.6
40	+2.4	100.0

Mean = 24.031

SD = 6.615

Range = 32

Kurtosis = -.605

Skewness = .091

Mode = 20.0

Table 25.8
Parents of Youth in Residential Treatment Program Family Attachment and Changeability Index 8
Attachment African-American (N=393)

Raw Scores	Standard Scores	Cumulative Percentiles
0-11	-3.7	.3
12	-3.5	.5
13-14	-3.1	.8
15	-2.9	1.0
16	-2.7	2.3
17	-2.5	3.1
18	-2.4	3.6
19	-2.2	4.3
20	-2.0	5.1
21	-1.8	6.1
22	-1.6	7.9
23	-1.4	8.9
24	-1.2	12.7
25	-1.0	16.5
26	-0.8	20.6
27	-0.7	23.9
28	-0.5	28.5
29	-0.3	34.9
30	-0.1	47.1
31	+0.1	53.7
32	+0.3	61.8
33	+0.5	70.5
34	+0.7	77.1
35	+0.9	83.2
36	+1.0	88.0
37	+1.2	94.4
38	+1.4	96.9
39	+1.6	98.7
40	+1.8	100.0

Mean = 30.471

SD = 5.288

Range = 29

Kurtosis = .833

Skewness = -.819

Mode = 30.0

Table 25.9
Parents of Youth in Residential Treatment Program Family Attachment and Changeability Index 8
Changeability African-American (N=893)

Raw Scores	Standard Scores	Cumulative Percentiles
0-12	-2.1	.3
13	-1.9	1.5
14	-1.7	2.5
15	-1.6	5.1
16	-1.4	8.1
17	-1.2	12.0
18	-1.1	16.3
19	-0.9	21.6
20	-0.7	29.0
21	-0.6	35.4
22	-0.4	43.8
23	-0.2	50.4
24	-0.1	55.7
25	+0.1	60.6
26	+0.3	65.4
27	+0.4	70.0
28	+0.6	76.1
29	+0.8	78.9
30	+0.9	83.5
31	+1.1	85.8
32	+1.3	89.1
33	+1.4	91.1
34	+1.6	93.9
35	+1.8	94.9
36	+1.9	96.4
37	+2.1	98.0
38	+2.3	98.7
39	+2.4	99.5
40	+2.6	100.0

Mean = 24.366

SD = 6.001

Range = 28

Kurtosis = -.432

Skewness = .402

Mode = 22.0

Table 25.10
Youth in Residential Treatment Program Family Attachment and Changeability Index 8
Attachment Caucasian (N=554)

Raw Scores	Standard Scores	Cumulative Percentiles
0-8	-3.1	.4
9-10	-2.8	.5
11	-2.6	1.1
12	-2.5	1.6
13	-2.3	2.7
14	-2.1	4.2
15	-2.0	5.2
16	-1.8	6.3
17	-1.7	7.4
18	-1.5	9.9
19	-1.3	11.6
20	-1.2	14.1
21	-1.0	17.5
22	-0.8	23.8
23	-0.7	26.7
24	-0.5	30.0
25	-0.3	35.0
26	-0.2	41.2
27	0.0	48.0
28	+0.1	53.8
29	+0.3	59.9
30	+0.5	66.6
31	+0.6	74.9
32	+0.8	81.4
33	+1.0	85.0
34	+1.1	90.1
35	+1.3	93.9
36	+1.4	96.0
37	+1.6	98.4
38	+1.8	99.3
39	+1.9	99.5
40	+2.1	100.0

Mean = 27.137

SD= 6.130

Range = 32

Kurtosis = -.066

Skewness = -.533

Mode = 31.0

Table 25.11
Youth in Residential Treatment Program Family Attachment and Changeability Index 8
Changeability Caucasian (N=554)

Raw Scores	Standard Scores	Cumulative Percentiles
0-8	-2.0	.5
9	-1.9	1.4
10	-1.7	2.7
11	-1.6	4.7
12	-1.4	7.6
13	-1.3	10.5
14	-1.1	13.7
15	-1.0	19.3
16	-0.8	25.1
17	-0.7	30.7
18	-0.5	35.0
19	-0.4	41.7
20	-0.2	47.3
21	-0.1	52.5
22	+0.1	58.5
23	+0.2	65.0
24	+0.4	69.3
25	+0.5	73.1
26	+0.7	77.6
27	+0.8	81.2
28	+1.0	84.8
29	+1.1	87.0
30	+1.3	89.7
31	+1.4	90.8
32	+1.6	93.7
33	+1.7	95.5
34	+1.9	96.0
35	+2.0	97.3
36	+2.2	98.0
37	+2.3	98.7
38	+2.5	99.3
39	+2.6	99.5
40	+2.8	100.0

Mean = 21.522

SD = 6.605

Range = 32

Kurtosis = -.298

Skewness = .391

Mode = 19.0

Table 25.12
Parents of Youth in Residential Treatment Program Family Attachment and Changeability Index 8
Attachment Caucasian (N=475)

Raw Scores	Standard Scores	Cumulative Percentiles
0-8	-3.7	.2
9-10	-3.3	.4
11	-3.1	.8
12	-3.0	1.1
13	-2.8	1.7
14	-2.6	2.1
15	-2.4	3.2
16	-2.3	4.8
17	-2.1	5.1
18	-1.9	6.5
19	-1.7	7.6
20	-1.6	9.1
21	-1.4	11.6
22	-1.2	13.5
23	-1.0	14.9
24	-0.9	18.9
25	-0.7	22.7
26	-0.5	28.0
27	-0.3	33.3
28	-0.2	39.2
29	0.0	45.5
30	+0.2	52.4
31	+0.4	60.4
32	+0.5	72.0
33	+0.7	80.8
34	+0.9	86.7
35	+1.1	90.7
36	+1.2	93.7
37	+1.4	97.5
38	+1.6	99.2
39	+1.7	99.6
40	+1.9	100.0

Mean = 28.966

SD = 5.735

Range = 32

Kurtosis = .756

Skewness = -.912

Mode = 32.0

Table 25.13
Parents of Youth in Residential Treatment Program Family Attachment and Changeability Index 8
Changeability Caucasian (N=475)

Raw Scores	Standard Scores	Cumulative Percentiles
0-8	-2.5	.2
9	-2.3	1.1
10	-2.2	1.5
11	-2.0	2.5
12	-1.8	4.4
13	-1.7	6.1
14	-1.5	9.3
15	-1.3	10.7
16	-1.2	15.6
17	-1.0	18.9
18	-0.8	23.6
19	-0.7	27.8
20	-0.5	34.1
21	-0.3	40.4
22	-0.2	48.6
23	0.0	54.1
24	+0.2	58.9
25	+0.3	65.1
26	+0.5	71.2
27	+0.7	76.6
28	+0.8	81.5
29	+1.0	85.5
30	+1.2	88.8
31	+1.3	93.1
32	+1.5	95.2
33	+1.7	96.4
34	+1.8	97.5
35	+2.0	98.3
36	+2.2	98.5
37	+2.3	98.9
38	+2.5	99.4
39	+2.7	99.8
40	+2.8	100.0

Mean = 22.964

SD =6.017

Range = 32

Kurtosis = -.291

Skewness = .032

Mode = 22.0

FACI8

FAMILY ATTACHMENT AND CHANGEABILITY
INDEX 8

Spanish Version



FACI8

INDICE DE UNION FAMILIAR Y CAMBIOS[®]

Instrucciones:

Decida que tan bien cada declaración describe los que está sucediendo en su familia. En la columna que dice **Ahora**, encierre con un círculo el número que mejor describe la frecuencia con la que cada episodio sucede ahora. Bajo la columna **Gustaría**, encierre en un círculo el número que mejor describe la frecuencia con la que le gustaría que cada episodio sucediera.

Por ejemplo, si cree que es bueno que los miembros de la familia discutan sobre sus sentimientos la mayoría del tiempo, usted debe encerrar con un círculo el número 4 en la columna **AHORA**. Después de terminar con todas las declaraciones de la columna **AHORA**, piense en la frecuencia con la que le gustaría que estos episodios ocurrieran en su familia en el futuro. Por ejemplo, si le gustaría que los miembros de su familia hablaran sobre sus sentimientos todo el tiempo, usted debe encerrar en un círculo el 6 de la columna **GUSTARIA**.

En mi familia...

	Ahora					Gustaría				
	Nunca	A veces	La mitad del tiempo	Más de la mitad	Siempre	Nunca	A veces	La mitad del tiempo	Más de la mitad	Siempre
1. Es fácil para todos expresar su opinión	1	2	3	4	5	1	2	3	4	5
2. Es más fácil discutir los problemas con particulares que con miembros de la familia	1	2	3	4	5	1	2	3	4	5
3. Cada miembro da su parecer en decisiones familiares importantes	1	2	3	4	5	1	2	3	4	5
4. Los miembros discuten los problemas y se sienten bien sobre las soluciones	1	2	3	4	5	1	2	3	4	5
5. Cada uno toma por su lado	1	2	3	4	5	1	2	3	4	5
6. Todos consultan con otros miembros de la familia sobre las decisiones a tomar	1	2	3	4	5	1	2	3	4	5
7. Es difícil pensar en actividades que podemos realizar juntos	1	2	3	4	5	1	2	3	4	5
8. La disciplina es justa	1	2	3	4	5	1	2	3	4	5

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	Ahora					Gustaría					
	Nunca	A veces	La mitad del tiempo	Más de la mitad	Siempre	Nunca	A veces	La mitad del tiempo	Más de la mitad	Siempre	
En mi familia...											
9. Los miembros se sienten más cercanos a particulares que a los propios miembros de la familia	1	2	3	4	5	1	2	3	4	5	⊗
10. Probamos nuevos métodos de confrontar los problemas	1	2	3	4	5	1	2	3	4	5	
11. Compartimos todas las responsabilidades	1	2	3	4	5	1	2	3	4	5	
12. Es difícil cambiar una regla	1	2	3	4	5	1	2	3	4	5	⊗
13. Los miembros tratan de no tener nada ver los unos con otros	1	2	3	4	5	1	2	3	4	5	⊗
14. Cuando surgen problemas, cedemos para llegar a un acuerdo	1	2	3	4	5	1	2	3	4	5	
15. Tememos decir lo que verdaderamente pensamos	1	2	3	4	5	1	2	3	4	5	⊗
16. Miembros de la familia se agrupan en vez de hacer las cosas todos juntos	1	2	3	4	5	1	2	3	4	5	⊗

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