

Family Coping Inventory (FCI)

English The Family Coping Inventory (FCI) was developed by Hamilton McCubbin, Pauline Boss, Lance Wilson, and Barbara Dahl (1981) to assess how spouses appraise their overall responses to a family separation which is permanent (e.g., divorce), for an extended period (e.g., military assignments), or recurs repeatedly (e.g., corporate executive).

Example Items:

"Please carefully consider how helpful each of these behaviors has been to you in your adjustment or separation:"

*Talking with other individuals in my same situation

*Allowing myself to become angry

*Planning my future

Available in: English, Spanish



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