

Family Inventory of Resources for Management (FIRM)

In an attempt to assess the family's repertoire of resources, the Family Inventory of Resources for Management (FIRM) was developed by Hamilton McCubbin, Joan Comeau, and Jo Harkins (1981). In order to describe or predict how a family adapts to stressful events, the Resiliency Model of Family Stress, Adjustment, and Adaptation calls for information about which resources a family has, does not have, or has depleted. It is hypothesized that families possessing a larger repertoire of resources will manage more effectively and will be able to adapt better to stressful situations. Along with the social-psychological resources assessed by FIRM, the clinician or research investigator should consider two socio demographic resources: family income and the parents' education.

Example items:

- *It seems that members of our family take each other for granted
- *One or more working members of our family are presently unemployed.
- *We try to keep in touch with our relatives as much as possible.

Available in: [English](#), [Chinese](#)



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