

Family Problem Solving and Communication Scale (FPSC)

The Family Problem Solving Communication (FPSC) Index was developed by Marilyn McCubbin, Hamilton McCubbin, and Anne Thompson (1988) to assess the two dominant patterns in family communication that appear to play an important part in family coping with hardships and life catastrophes. Recognizing that all families have both positive and negative patterns of communication, the need for a measure to assess both patterns as important factors in family problem solving and resiliency was apparent.

Example Items:

"When our family struggles with problems or conflicts which upset us, I would describe my family in the following way:"

*We yell and scream at each other

*We talk things through until we reach a solution

*We get upset, but we try to end our conflicts on a positive note.

Available in: English, Spanish, Romanian, Xhosa, Afrikaans

