

The Resilience, Adaptation and Well-Being Project



Family Member Well-Being

FMWB

FMWB: Family Member Well-being Index

Overview

The Family Member Well-being (FMWB) Index was developed, by Hamilton McCubbin and Joan Patterson (1982e), to measure the degree to which a family member is adjusted in terms of concern about health, tension, energy, cheerfulness, fear, anger, sadness and general concern.

Development of FMWB

The Family Member Well-being Index was developed by generating items related to the family member's overall emotional, social, interactional and physical well-being.

Conceptual Organization

FMWB is an 8-item instrument which uses a 10-point Likert scale ranging from Not to Very on each of the items, such as Not Concerned to Very Concerned, to record the level of concern regarding the physical and mental health of the family member.

Reliability

The internal reliability (Cronbach's alpha) of the FMWB measure is .85.

Validity

The FMWB was found to be valid through numerous studies including studies on farm families, investment executive families, rural bank employee families, and military families, including Caucasian and African-American military families. Briefly and specifically, and as hypothesized, family member well-being is significantly correlated with family members spending time together and spouse employment (H.I. McCubbin, 1995a). Family well-being was also included as a latent variable (Family Adaptation) and found to be related to family coherence and meaning, social support and family system resources (Lavee, H.I. McCubbin & Patterson, 1985). Interestingly, family member well-being was an important predictor of resiliency in farm families faced with economic pressures (H.I. McCubbin, A.I. Thompson, E.A. Thompson, & Elver, 1994). In the case of investment executives and their families, family member well-being was lowest for couples and highest for members who were at the empty nest stage of the family life cycle. Family member well-being was positively correlated with affirming problem solving communication, social support, and self actualization. Family member well-being was also inversely correlated with incendiary communication and spouse emotional distress.

Test-Retest Reliability

There is no test-retest reliability available at this time.

Additional Validity Checks

No additional validity information is available at this time.

Scoring Procedures

The total score for FMWB is obtained by simply summing the number circled by the respondent (i.e., 0=Not Concerned at All through 10=Very Concerned, however, for 6 of the 8 items (1, 2, 5, 6, 7, and 8) the score must be reversed before summing (Le., 0=10, 1=9, 2=8, 3=7, 4=6, 5=5, 6=4, 7=3, 8=2, 9=1, and 10=0). This is to ensure that all items are scored in the same positive direction for analysis and interpretation.

Norms and/or Comparative Data

Comparative data are available for farm families, investment executive families, rural bank. employee families, and military families, including Caucasian and African-American military families and are presented as percentiles and' standard scores, means and standard deviations in Tables 26.1 through 26.12.

Instrument Utilization for Research

The FMWB instrument is currently being tested within the Family Stress, Coping and Health Project and by other investigators. The few studies that have included this instrument have already been cited in the validity section of this chapter and are included in the references. Therefore, a summary table of related publications is not available at this time.

Notes

1. The availability of additional psychometrics and bibliographies of other users is limited at the date of publication due to the recent development of the instrument. Upon publication of this material, wider usage is expected, and as subsequent publications become available they will be added to our database. If you would like to inquire about more recent studies, please write to us at the Center for Excellence in Family Studies, Family Stress, Coping and Health Project, University of Wisconsin-Madison, 1300 Linden Drive, Madison, WI 53706 or send email to manual@macc.wisc.edu . There will be a charge for these additional materials.
2. When referencing this instrument, the proper citation is: McCubbin, H.I., & Patterson, J. (1983). Family Member Well-being Index (FMWB). In H.I. McCubbin, A.I. Thompson, & M.A. McCubbin (1996). *Family assessment: Resiliency, coping and adaptation-Inventories for research and practice*. (pp. 753-782). Madison: University of Wisconsin System.

Table 26.1
Midwest Farm Families Family Member Well-being Index Females
(N=389)

Raw Scores	Standard Scores	Cumulative Percentiles
0-3	-2.8	.3
4-5	-2.7	.5
6-8	-2.5	.8
9	-2.4	1.0
10-12	-2.2	1.8
13-15	-2.0	3.1
16	-1.9	3.9
17-18	-1.8	4.9
19	-1.7	5.7
20	-1.6	6.7
21-22	-1.5	8.2
23	-1.4	9.0
24-25	-1.3	11.6
26	-1.2	13.4
27	-1.1	14.9
28-29	-1.0	19.3
30	-0.9	20.8
31-32	-0.8	23.7
33	-0.7	26.0
34	-0.6	28.0
35-36	-0.5	34.7
37	-0.4	35.2
38-39	-0.3	40.6
40	-0.2	43.4
41	-0.1	45.5

Table 26.1 (Continued)
Midwest Farm Families Family Member Well-being Index Females
(N=389)

Raw Scores	Standard Scores	Cumulative Percentiles
42-43	0.0	50.9
44	+0.1	53.7
45-46	+0.2	58.6
47	+0.3	61.2
48	+0.4	63.5
49-50	+0.5	68.6
51	+0.6	74.5
52-53	+0.7	78.4
54	+0.8	80.5
55-56	+0.9	83.0
57	+1.0	84.1
58	+1.1	85.6
59-60	+1.2	90.5
61	+1.3	91.3
62-63	+1.4	93.1
64	+1.5	93.6
65	+1.6	95.6
66-67	+1.7	97.2
68-70	+1.9	98.5
71	+2.0	99.2
72-74	+2.2	99.7
75-80	+2.5	100.0

Mean = 42.671
SD = 14.037
Range = 76
Kurtosis = -.362
Skewness = -.154
Mode = 36.0

Table 26.2
Midwest Farm. Families Family Member Well-being Index Males
(N=411)

Raw Scores	Standard Scores	Cumulative Percentiles
0-9	-2.5	.2
10-11	-2.3	.5
12-13	-2.2	.7
14-15	-2.1	1.5
16	-2.0	2.2
17	-1.9	2.4
18-19	-1.8	3.6
20	-1.7	4.9
21-22	-1.6	6.8
23	-1.5	8.0
24	-1.4	8.8
25-26	-1.3	10.7
27	-1.2	13.4
28-29	-1.1	16.3
30	-1.0	19.2
31	-0.9	20.9
32-33	-0.8	25.3
34	-0.7	28.2
35-36	-0.6	30.7
37	-0.5	34.5
38	-0.4	37.0
39-40	-0.3	42.3
41	-0.2	45.3
42-43	-0.1	50.6

Table 26.2 (Continued)
Midwest Farm Families Family Member Well-being Index Males
(N=411)

Raw Scores	Standard Scores	Cumulative Percentiles
44	0.0	53.3
45	+0.1	55.5
46-47	+0.2	60.3
48	+0.3	63.5
49-50	+0.4	67.4
51	+0.5	69.1
52	+0.6	70.8
53-54	+0.7	74.7
55	+0.8	76.2
56-57	+0.9	81.3
58	+1.0	83.9
59	+1.1	86.6
60-61	+1.2	89.3
62	+1.3	90.5
63-64	+1.4	92.2
65	+1.5	93.4
66	+1.6	94.6
67-68	+1.7	95.6
69	+1.8	96.8
70-71	+1.9	97.8
72	+2.0	98.1
73	+2.1	98.8
74	+2.2	99.8
75-80	+2.6	100.0

Mean = 43.754

SD = 14.017

Range = 71

Kurtosis = -.576

Skewness = .041

Mode = 37.0

Table 26.3
Investment Executives Family Member Well-being Index
(N=297)

Raw Scores	Standard Scores	Cumulative Percentiles
0-18	-2.7	.3
19	-2.6	.7
20-23	-2.2	1.0
24	-2.1	2.4
25	-2.0	2.7
26	-1.9	4.4
27	-1.8	6.1
28	-1.7	6.7
29	-1.6	7.1
30	-1.5	8.1
31	-1.4	8.8
32	-1.3	9.8
33	-1.2	11.8
34	-1.1	14.5
35	-1.0	17.2
36	-0.9	21.9
37	-0.8	24.2
38	-0.7	26.3
39	-0.6	29.3
40	-0.5	32.7
41	-0.4	35.4
42	-0.3	38.7
43	-0.2	42.4
44	-0.1	45.8

Table 26.3 (Continued)
Investment Executives Family Member Well-being Index
(N=297)

Raw Scores	Standard Scores	Cumulative Percentiles
45	0.0	50.5
46	+0.1	54.9
47	+0.2	60.3
48	+0.3	65.0
49	+0.4	66.7
50	+0.5	70.0
51	+0.6	72.7
52	+0.7	74.7
53	+0.8	76.8
54	+0.9	79.8
55	+1.0	81.8
56	+1.1	85.5
57	+1.2	86.9
58	+1.3	89.6
59	+1.4	92.9
60	+1.5	95.3
61	+1.6	96.6
62	+1.7	98.3
63	+1.8	98.7
64-65	+2.0	99.3
66	+2.1	99.7
67-80	+2.3	100.0

Mean =45.057

SD = 9.970

Range = 50

Kurtosis = -.470

Skewness = -.174

Mode = 47.0

Table 26.4
Spouses of Investment Executives Family Member Well-being Index
(N=234)

Raw Scores	Standard Scores	Cumulative Percentiles
0-8	-3.6	.4
9	-3.5	.9
10-17	-2.7	1.3
18-19	-2.5	1.7
20-22	-2.2	2.1
23	-2.1	3.0
24-25	-2.0	3.8
26-27	-1.8	4.7
28	-1.7	5.6
29	-1.6	7.3
30	-1.5	7.7
31	-1.4	10.3
32	-1.3	11.5
33	-1.2	12.4
34	-1.1	13.7
35	-1.0	16.2
36	-0.9	19.2
37	-0.8	23.1
38	-0.7	25.6
39	-0.6	27.8
40	-0.5	31.2
41	-0.4	34.6
42	-0.3	38.9
43	-0.2	40.6

Table 26.4 (Continued)
Spouses of Investment Executives Family Member Well-being Index
(N=234)

Raw Scores	Standard Scores	Cumulative Percentiles
44	-0.1	44.9
45-46	0.0	50.4
47	+0.1	53.4
48	+0.2	54.7
49	+0.3	57.7
50	+0.4	62.0
51	+0.5	66.2
52	+0.6	68.8
53	+0.7	75.2
54	+0.8	79.5
55	+0.9	81.2
56	+1.0	85.5
57	+1.1	87.6
58	+1.2	89.3
59	+1.3	92.3
60	+1.4	96.2
61	+1.5	97.9
62	+1.6	98.7
63	+1.7	99.6
64-80	+1.9	100.0

Mean = 45.521

SD = 10.517

Range = 58

Kurtosis = .340

Skewness = -.620

Mode = 53.0

Table 26.5
Rural Bank Employees Family Member Well-being Index
(N=813)

Raw Scores	Standard Scores	Cumulative Percentiles
0-11	-3.2	.1
12-19	-2.4	.5
20	-2.3	.9
21-22	-2.1	2.1
23	-2.0	3.0
24	-1.9	3.8
25	-1.8	4.7
26	-1.7	5.3
27	-1.6	6.6
28	-1.5	7.3
29	-1.4	8.6
30	-1.3	10.8
31	-1.2	12.4
32	-1.1	13.8
33	-1.0	16.7
34	-0.9	18.9
35	-0.8	21.4
36	-0.7	24.2
37	-0.6	27.1
38-39	-0.5	32.6
40	-0.4	38.6
41	-0.3	42.8
42	-0.2	47.2
43	-0.1	50.7
44	0.0	54.0

Table 28.5 (Continued)
Rural Bank Employees Family Member Well-being Index:
(N=813)

Raw Scores	Standard Scores	Cumulative Percentiles
45	+0.1	57.6
46	+0.2	61.0
47	+0.3	64.5
48	+0.4	66.9
49	+0.5	70.5
50	+0.6	75.2
51	+0.7	76.9
52	+0.8	79.0
53	+0.9	81.2
54	+1.0	84.1
55	+1.1	86.6
56	+1.2	88.3
57	+1.3	90.8
58	+1.4	93.0
59	+1.5	95.2
60	+1.6	97.0
61	+1.7	97.8
62	+1.8	98.4
63	+1.9	98.6
64	+2.0	99.0
65	+2.1	99.3
66	+2.2	99.4
67	+2.3	99.5
68	+2.4	99.6
69-70	+2.6	99.8
71-80	+3.6	100.0

Mean = 43.585

SD = 10.161

Range = 69

Kurtosis = -.158

Skewness = -.041

Mode = 40.0

Table 26.6
Spouses of Rural Bank Employees Family Member Well-being Index
(N=448)

Raw Scores	Standard Scores	Cumulative Percentiles
0-10	-3.6	.2
11-16	-3.0	.4
17-19	-2.7	.7
20-22	-2.4	1.1
23	-2.2	1.6
24-25	-2.0	2.2
26	-1.9	2.7
27	-1.8	3.1
28	-1.7	4.2
29	-1.6	5.4
30	-1.5	6.7
31	-1.4	7.1
32	-1.3	9.4
33	-1.2	11.8
34	-1.1	12.9
35	-1.0	15.8
36	-0.9	18.8
37	-0.8	21.7
38	-0.7	25.0
39	-0.6	29.5
40	-0.5	35.5
41	-0.4	38.4
42	-0.3	41.5
43	0.2	43.3
44	-0.1	47.5

Table 26.6 (Continued)
Spouses of Rural Bank Employees Family Member Well-being Index
(N=448)

Raw Scores	Standard Scores	Cumulative Percentiles
45	0.0	53.3
46	+0.1	56.9
47	+0.2	60.7
48	+0.3	64.7
49	+0.4	66.5
50	+0.5	70.1
51	+0.6	72.8
52	+0.7	76.3
53	+0.8	78.8
54	+0.9	81.9
55	+1.0	84.8
56	+1.1	87.1
57	+1.2	89.7
58	+1.3	91.3
59	+1.4	92.6
60	+1.5	95.3
61	+1.6	96.7
62	+1.7	97.3
63-64	+1.8	98.2
65	+2.0	98.4
66-67	+2.2	98.9
68-69	+2.4	99.1
70	+2.6	99.8
71-80	+3.0	100.0

Mean = 45.020

SD = 9.793

Range = 64

Kurtosis = .032

Skewness = -.049

Mode = 40.0

Table 26.7
Military Families Family Member Well-being Index Overall Males
(N=524)

Raw Scores	Standard Scores	Cumulative Percentiles
0-12	-3.3	.2
13-16	-2.8	.4
17-19	-2.5	1.0
20-21	-2.2	1.1
22	-2.1	1.7
23	-2.0	2.9
24	-1.9	3.4
25	-1.7	4.4
26	-1.6	5.7
27	-1.5	7.1
28	-1.4	9.2
29	-1.3	11.3
30	-1.1	14.1
31	-1.0	18.7
32	-0.9	21.0
33	-0.8	24.4
34	-0.7	28.4
35	-0.5	33.2
36	-0.4	37.6
37	-0.3	41.0
38	-0.2	44.3
39	-0.1	49.0
40	+0.1	63.6
41	+0.2	58.4
42	+0.3	62.0
43	+0.4	67.9
44	+0.6	71.6

Table 26.7 (Continued)
Military Families Family Member Well-being Index Overall Males
(N=524)

Raw Scores	Standard Scores	Cumulative Percentiles
45	+0.7	76.3
46	+0.8	80.7
47	+0.9	83.6
48	+1.0	87.2
49	+1.2	89.7
50	+1.3	91.0
51	+1.4	93.1
52	+1.5	94.8
53	+1.6	97.3
54	+1.8	97.9
55	+1.9	98.1
56	+2.0	98.5
57	+2.1	98.9
58	+2.2	99.0
59-60	+2.5	99.2
61-64	+3.0	99.6
65-80	+3.1	100.0

Mean = 39.422

SD = 8.265

Range = 53

Kurtosis = .036

Skewness = -.016

Mode = 43.0

Table 26.8
Military Families Family Member Well-being Index Overall Females
(N=465)

Raw Scores	Standard Scores	Cumulative Percentiles
0-14	-2.6	.2
15	-2.5	.4
16-18	-2.2	.6
19	-2.1	1.3
20	-2.0	2.4
21	-1.9	3.4
22	-1.8	4.1
23	-1.7	4.9
24	-1.6	6.9
25	-1.5	8.4
26	-1.4	11.0
27	-1.3	13.1
28	-1.2	13.5
29	-1.0	14.8
30	-0.9	16.8
31	-0.8	19.8
32	-0.7	24.1
33	-0.6	29.9
34	-0.5	32.0
35	-0.4	35.5
36	-0.3	42.6
37	-0.2	44.7
38	-0.1	47.5
39	0.0	51.6
40	+0.1	56.3
41	+0.2	60.9
42	+0.3	66.0
43	+0.4	69.7
44	+0.5	73.5

Table 26.8 (Continued)
Military Families Family Member Well-being Index Overall Females
(N=465)

Raw Scores	Standard Scores	Cumulative Percentiles
45	+0.7	76.6
46	+0.8	79.4
47	+0.9	82.6
48	+1.0	86.0
49	+1.1	87.7
50	+1.2	90.3
51	+1.3	92.0
52	+1.4	93.8
53	+1.5	95.1
54	+1.6	93.3
55	+1.7	97.0
56	+1.8	97.4
57	+1.9	97.6
59	+2.0	98.1
59-60	+2.3	98.3
61	+2.4	98.5
62	+2.5	98.9
63-66	+2.9	99.6
67-70	+3.3	99.8
71-80	+4.0	100.0

Mean = 38.866

SD = 9.389

Range = 62

Kurtosis = .416

Skewness = .202

Mode = 36.0

Table 26.9
Military Families Family Member Well-being Index Caucasian Males (N=333)

Raw Scores	Standard Scores	Cumulative Percentiles
0-16	-2.8	.3
17-19	-2.4	.9
20-22	-2.1	1.8
23	-1.9	3.3
24	-1.8	3.9
25	-1.7	5.1
26	-1.6	7.2
27	-1.4	8.4
28	-1.3	11.1
29	-1.2	12.9
30	-1.1	16.5
31	-0.9	21.3
32	-0.8	24.0
33	-0.7	27.9
34	-0.6	31.8
35	-0.4	37.5
36	-0.3	42.0
37	-0.2	45.0
38	-0.1	48.6
39	+0.1	53.5
40	+0.2	58.6
41	+0.3	63.4
42	+0.4	65.2
43	+0.6	71.8
44	+0.7	75.4

Table 26.9 (Continued)
Military Families Family Member Well-being Index Caucasian Males
(N=333)

Raw Scores	Standard Scores	Cumulative Percentiles
45	+0.8	80.5
46	+0.9	84.7
47	+1.1	87.4
48	+1.2	90.4
49	+1.3	93.4
50	+1.4	94.6
51	+1.6	96.1
52	+1.7	97.3
53	+1.8	98.5
54	+1.9	98.8
55-56	+2.2	99.1
57-60	+2.7	99.4
61-64	+3.2	99.7
65-80	+3.3	100.0

Mean = 38.459

SD = 7.986

Range = 49

Kurtosis = -.044

Skewness = .029

Mode = 43.0

Table 26.10
Military Families Family Member Well-being Index Caucasian Females (N=293)

Raw Scores	Standard Scores	Cumulative Percentiles
0-15	-2.5	.3
16-18	-2.1	.7
19	-2.0	1.7
20	-1.9	3.1
21	-1.8	4.8
22	-1.7	5.8
23	-1.6	7.2
24	-1.5	9.9
25	-1.4	10.9
26	-1.3	13.7
27	-1.2	15.4
28	-1.0	16.0
29	-0.9	17.1
30	-0.8	19.5
31	-0.7	23.5
32	-0.6	28.3
33	-0.5	36.2
34	-0.4	37.9
35	-0.3	42.0
36	-0.2	47.4
37	-0.1	49.1
38	+0.1	52.6

Table 26.10 (Continued)
Military Families Family Member Well-being Index Caucasian Females
(N=293)

Raw Scores	Standard Scores	Cumulative Percentiles
39	+0.2	56.7
40	+0.3	60.1
41	+0.4	65.5
42	+0.5	71.0
43	+0.6	74.7
44	+0.7	79.2
45	+0.8	81.6
46	+0.9	85.0
47	+1.0	87.4
48	+1.2	90.4
49	+1.3	91.5
50	+1.4	93.5
51	+1.5	94.9
52	+1.6	95.9
53	+1.7	97.3
54	+1.8	98.6
55-56	+2.0	99.0
57-61	+2.6	99.3
62-66	+3.1	99.7
67-80	+4.2	100.0

Mean = 37.464

SD = 9.090

Range = 61

Kurtosis = .578

Skewness = .185

Mode = 33.0

Table 28.11
Military Families Family Member Well-being Index African-American Males
(N=113)

Raw Scores	Standard Scores	Cumulative Percentiles
0-12	-3.3	.9
13-19	-2.5	1.8
20-23	-2.1	2.7
24	-2.0	3.5
25	-1.9	4.4
26-27	-1.6	6.2
28	-1.5	7.1
29	-1.4	8.8
30	-1.3	9.7
31	-1.2	14.2
32	-1.0	16.8
33	-0.9	20.4
34	-0.8	24.8
35	-0.7	28.3
36	-0.6	30.1
37	-0.5	31.0
38	-0.4	32.7
39	-0.2	38.1
40	-0.1	43.4

Table 26.11 (Continued)
Military Families Family Member Well-being Index African-American Males
(N=113)

Raw Scores	Standard Scores	Cumulative Percentiles
41	0.0	49.6
42	+0.1	57.5
43	+0.2	59.3
44	+0.3	63.7
45	+0.5	66.4
46	+0.6	70.8
47	+0.7	74.3
48	+0.8	78.8
49	+0.9	80.5
50	+1.0	83.2
51	+1.1	88.5
52	+1.3	92.9
53	+1.4	94.7
54	+1.5	96.5
55	+1.6	97.3
56	+1.7	98.2
57	+1.8	99.1
58-80	+1.9	100.0

Mean = 41.088

SD = 8.690

Range = 46

Kurtosis = .211

Skewness = -.477

Mode = 42.0

Table 26.12
Military Families
Family Member Well-being Index: African-American Females
(N=85)

Raw Scores	Standard Scores	Cumulative Percentiles
0-20	-2.1	1.2
21-24	-1.7	2.4
25	-1.6	5.9
26	-1.5	8.2
27	-1.4	10.6
28-29	-1.2	11.8
30	-1.1	14.1
31	-1.0	15.3
32	-0.9	20.0
33	-0.8	24.7
34	-0.7	29.4
35	-0.6	31.8
36	-0.5	40.0
37	-0.3	42.4
38-39	-0.1	48.2

Table 26.12 (Continued)
Military Families Family Member Well-being Index: African-American Females
(N=85)

Raw Scores	Standard Scores	Cumulative Percentiles
40	0.0	52.9
41	+0.1	55.3
42	+0.2	60.0
43	+0.3	63.5
44	+0.4	64.7
45	+0.5	69.4
46	+0.6	71.8
47	+0.7	78.8
48	+0.8	84.7
49	+0.9	87.1
50	+1.0	88.2
51-52	+1.2	94.1
53	+1.3	95.3
54	+1.5	96.5
55-62	+2.3	97.6
63-66	+2.7	98.8
67-80	+3.1	100.0

Mean = 40.259

SD = 9.444

Range = 50

Kurtosis = .568

Skewness = .434

Mode = 36.0

FMWB

FAMILY MEMBER WELL-BEING

English Version



FMWB

FAMILY MEMBER WELL-BEING[®]

Hamilton I. McCubbin Joan M. Patterson

For each of the eight statements below, please note that the words at each end of the 0 to 10 scale describe opposite feelings. Please fill in the response along the bar which seems closest to how you have generally felt during the past month

Example:

Not CONCERNED at all	<table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px; background-color: black;"></td></tr></table>												Very CONCERNED
	1 2 3 4 5 6 7 8 9 10												

1. How concerned or worried about your health have you been? (During the past month)													
Not CONCERNED at all	<table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr></table>												Very CONCERNED ®
	1 2 3 4 5 6 7 8 9 10												

2. How relaxed or tense have you been? (During the past month)													
Not CONCERNED at all	<table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr></table>												Very CONCERNED ®
	1 2 3 4 5 6 7 8 9 10												

3. How much energy, pep, and vitality have you felt? (During the past month)													
Not CONCERNED at all	<table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr></table>												Very CONCERNED
	1 2 3 4 5 6 7 8 9 10												

4. How depressed or cheerful have you been? (During the past month)													
Not CONCERNED at all	<table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr></table>												Very CONCERNED
	1 2 3 4 5 6 7 8 9 10												

5. How afraid have you been? (During the past month)													
Not CONCERNED at all	<table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr></table>												Very CONCERNED ®
	1 2 3 4 5 6 7 8 9 10												

6. How angry have you been? (During the past month)													
Not CONCERNED at all	<table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr></table>												Very CONCERNED ®
	1 2 3 4 5 6 7 8 9 10												

7. How sad have you been? (During the past month)													
Not CONCERNED at all	<table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr></table>												Very CONCERNED ®
	1 2 3 4 5 6 7 8 9 10												

8. How concerned or worried about the health of another family member have you been? (During the past month)													
Not CONCERNED at all	<table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr></table>												Very CONCERNED ®
	1 2 3 4 5 6 7 8 9 10												

The ® symbol is for computer use only.