

The Resilience, Adaptation and Well-Being Project



Family Pressures Scale Ethnic

FPRES-E

FPRES-E:

Family Pressures Scale Ethnic

Overview

The Family Pressures Scale Ethnic (FPRES-E) was developed by Hamilton McCubbin, Anne Thompson, and Kelly Elvêr (1993b) as an adaptation of the Family Inventory of Life Events (FILE). FPRES-E was specifically adapted to be inclusive of pressures related to the life experience of families of color and to obtain an index of the severity of the pressure in the family system.

Development of FPRES-E

The FPRES-E was adapted from the original FILE (Family Inventory of Life Events and Changes) instrument in an attempt to create a measure more culturally sensitive to the special pressures and stressors experienced by Native American families. The measure consists of many of the original items from FILE which measure stressors all families may encounter, as well as many new items that focus specifically on pressures specific to Native American families.

Conceptual Organization

FPRES-E is a 64-item instrument which uses a 4-point Likert scale ranging from Not a Problem to Large Problem, to record the degree to which life events impact on the family during the preceding 12 month period.

Reliability

The internal reliability (Cronbach's alpha) of the FPRES-E measure is .92

Validity

The FPRES-E was found to be the strongest predictor of family distress in a study of Native Hawaiian families (E.A. Thompson, H.I. McCubbin, A.I. Thompson, & Elvêr, 1995).

Test-Retest Reliability

There is no test-retest reliability available at this time. Additional Validity Checks No additional validity information is available at this time.

Scoring Procedures

The total score for FPRES-E is obtained by simply summing the number circled by the respondent (i.e., 1=Not a Problem, 2=Small Problem, 3=Medium Problem, 4=Large Problem) for all 64 items.

Norms and/or Comparative Data

Comparative data are available for Native Hawaiian families and are presented as percentiles and standard scores, means and standard deviations in Table 6.1.

Instrument Utilization for Research

The FPRES-E instrument is currently being tested within the Family Stress, Coping and Health Project and by other investigators. The few studies that have included this instrument have already been cited in

the validity section of this chapter and are included in the references. Therefore, a summary table of related publications is not available at this time.

Notes

1. The availability of additional psychometrics and bibliographies of other users is limited at the date of publication due to the recent development of the instrument. Upon publication of this material, wider usage is expected, and as subsequent publications become available they will be added to our database. If you would like to inquire about more recent studies, please write to us at the Center for Excellence in Family Studies, Family Stress, Coping and Health Project, University of Wisconsin-Madison, 1300 Linden Drive, Madison, WI 53706 or send email to manual@macc.wisc.edu. There will be a charge for these additional materials.
2. When referencing this instrument, the proper citation is: McCubbin, H.I., Thompson, A.I., & Elvêr, K.M. (1993). Family Pressures Scale-Ethnic (FPRES-E). In H.I. McCubbin, A.I. Thompson & M.A. McCubbin (1996). Family assessment: Resiliency, coping and adaptation-Inventories for research and practice. (pp. 227-236). Madison: University of Wisconsin System.

Table 6.1
Families of Native Hawaiian Ancestry: Family Pressures-Ethnic
(N=174)

Raw Scores	Standard Scores	Cumulative Percentiles
0	-1.8	.6
1	-1.7	1.1
2	-1.6	2.3
3-4	-1.4	5.2
5-6	-1.3	8.0
7	-1.2	9.2
8	-1.1	11.5
9	-1.0	14.4
10	-0.9	19.0
11	-0.8	22.4
12	-0.7	25.9
13	-0.6	28.7
14	-0.5	33.9
15	-0.4	40.2
16	-0.3	45.4
17	-0.2	48.9
18	-0.1	51.1
19	0.0	55.7
20	+0.1	60.3
21	+0.2	65.5
22-23	+0.3	72.4
24	+0.4	73.6
25	+0.5	75.9
26	+0.6	77.6
27	+0.7	80.5
28	+0.8	83.9
29	+0.9	88.5
30	+1.0	90.2
31	+1.1	90.8
32	+1.2	92.0
33	+1.3	92.5
34	+1.4	93.7

Table 6.1 (cont.)
Families of Native Hawaiian Ancestry: Family Pressures-Ethnic
(N=174)

Raw Scores	Standard Scores	Cumulative Percentiles
35-36	+1.6	94.3
37	+1.7	94.8
38	+1.8	95.4
39-41	+2.0	96.0
42	+2.1	97.1
43-44	+2.3	97.7
45-53	+3.2	98.3
54-57	+3.5	98.9
58-59	+3.7	99.4
60-64	+4.2	100.0

Mean = 19.339

SD = 10.637

Range = 64

Kurtosis = 2.898

Skewness = 1.239

Mode = 15.0

FPRES-E

Family Pressures Scale-Ethnic

English Version



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FPRES-E

FAMILY PRESSURES SCALE-ETHNIC ©

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Directions:

Please circle 0, 1, 2 or a 3 to record the degree to which each of the family pressures listed have been a problem in your family during the past 12 months.

<i>Family Pressures:</i>	Not a Problem	Small Problem	Medium Problem	Large Problem
1. Increase of husband/father's time away from family	0	1	2	3
2. A child member was treated badly because of racial prejudice	0	1	2	3
3. A member did not get a job because of racial prejudice	0	1	2	3
4. Close relative or friend of the family became seriously ill	0	1	2	3
5. A member became physically disabled or chronically ill	0	1	2	3
6. Increased difficulty in managing a chronically ill or disabled member	0	1	2	3
7. Member or close relative was committed to an institution or nursing home	0	1	2	3
8. Increased difficulty in resolving issues with a "former" or separated spouse	0	1	2	3
9. Increased responsibility to provide direct care or financial help to husband's and/or wife's parents	0	1	2	3
10. A parent/spouse died	0	1	2	3
11. A child member died	0	1	2	3
12. Death of husband's or wife's parent or close relative	0	1	2	3
13. Increased difficulty with sexual relationship between husband and wife	0	1	2	3
14. Married son or daughter was separated or divorced	0	1	2	3
15. A member went to jail or juvenile detention	0	1	2	3

<i>Family Pressures:</i>	Not a Problem	Small Problem	Medium Problem	Large Problem
16. A member was picked up by police or arrested	0	1	2	3
17. Physical or sexual abuse or violence in the home	0	1	2	3
18. Delay in receiving child support or alimony payments	0	1	2	3
19. A member ran away from home	0	1	2	3
20. A member dropped out of school or was suspended from school	0	1	2	3
21. We worry that our ethnicity/roots are dying	0	1	2	3
22. A member appears to have emotional problems	0	1	2	3
23. We worry that we are losing our ethnic values	0	1	2	3
24. A member appears to depend on alcohol or drugs	0	1	2	3
25. We worry that the land we were promised will never come to us	0	1	2	3
26. Increase in conflict between husband and wife	0	1	2	3
27. Worry that our children aren't interested in the family ethnicity/roots	0	1	2	3
28. Increase in arguments between parent(s) and child(ren)	0	1	2	3
29. We worry that use of our native language will fade away	0	1	2	3
30. Increase in conflict among children in the family	0	1	2	3
31. We worry that tension/conflict in the home hurts children's learning	0	1	2	3
32. Increased disagreement about a member's friends or activities	0	1	2	3
33. We worry that parents are not able to spend time with children to encourage learning	0	1	2	3
34. Increase in the number of problems or issues which do not get resolved	0	1	2	3
35. We worry that children want to quit school early	0	1	2	3
36. Increase in the number of tasks or chores which do not get done	0	1	2	3
37. We worry about children joining neighborhood/city gangs	0	1	2	3
38. Spouse had unwanted or difficult pregnancy	0	1	2	3
39. Worry that children will join groups abusing alcohol/drugs	0	1	2	3
40. An unmarried member became pregnant	0	1	2	3
41. We worry that jobs will not be available for children in the future	0	1	2	3

<i>Family Pressures:</i>	Not a Problem	Small Problem	Medium Problem	Large Problem
42. A member ha an abortion	0	1	2	3
43. We worry that they will not have enough money for the children’s education	0	1	2	3
44. A member gave birth to or adopted a child	0	1	2	3
45. We worry that the family will not be able to take care of the elders in the future	0	1	2	3
46. We worry that the elders will become a burden upon the children in the future	0	1	2	3
47. Went on welfare	0	1	2	3
48. Increased conflict with in-laws or relatives	0	1	2	3
49. Took out a loan or refinanced a loan to cover increased expenses	0	1	2	3
50. Increased strain on family “money” for medical/dental expenses	0	1	2	3
51. Purchased or built a home	0	1	2	3
52. A member purchased a car or other major item	0	1	2	3
53. A member changed to a new job/career	0	1	2	3
54. Increasing financial debts due to over-use of credit cards	0	1	2	3
55. Increased strain n family “money” for food, clothing, energy, home care	0	1	2	3
56. A member lost or quit a job	0	1	2	3
57. Increased strain on family “money” for child(ren)’s education	0	1	2	3
58. Decrease in satisfaction with job/career	0	1	2	3
59. A member started or returned to work	0	1	2	3
60. A member had increased difficulty with people at work	0	1	2	3
61. Family moved to a new home/apartment	0	1	2	3
62. A member stopped working for extended period (e.g., laid off, leave of absence, strike)	0	1	2	3
63. Experienced difficulty in arranging for satisfactory child care	0	1	2	3
64. We worry that they cannot pay for health insurance in the future	0	1	2	3