

## **The Family Pressures Scale Ethnic (FPRES-E)**

The FPRES-E was developed by Hamilton McCubbin, Anne Thompson, and Kelly Elvêr (1993b) as an adaptation of the Family Inventory of Life Events (FILE). FPRES-E was specifically adapted to be inclusive of pressures related to the life experience of families of color and to obtain an index of the severity of the pressure in the family system.

Example Items: "Please circle 0, 1, 2 or a 3 to record the degree to which each of the family pressures listed have been a problem in your family during the past 12 months."

\*A member did not get a job because of racial prejudice

\*Married son or daughter was separated or divorced

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Available in: [English](#)

