

## Young Adult Social Support Index (YA-SSI)

The Young Adult Social Support Index (YA-SSI) instrument was developed by Hamilton McCubbin, Joan Patterson, and Janet Grochowski (1984) as an adaptation of the Social Support Inventory (SSI) developed by Hamilton McCubbin, Joan Patterson, Betty Cooke, and Marilyn Rossman (1983) to assess the social support of entering college age youth in the college community.

### Example Items:

- \*Do you have contact with college faculty, counselors, and/or administrators?
- \*I have a feeling of being loved or cared about by my parents
- \*I feel valued or respected for who I am and what I do by my siblings

Available in: [English](#)

