

Youth Coping Index (YCI)

The Youth Coping Index (YCI) was developed by Hamilton McCubbin, Anne Thompson, and Kelly Elver (1995c) specifically for the study of African-American youth in residential treatment. Given the importance of youth coping as a viable target for intervention, the goal was to develop a measure which would be ethnically sensitive but applicable to both Caucasian and African-American youth.

Example Items:

"When you face difficulties or feel tense, how often do you:"

*Get angry and yell at people

*Let off steam by complaining to your friends

*Do things with your family

Available in: English, Spanish



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